



Our intention for PSHE at Devonshire

We want our children to leave Devonshire as healthy, independent and responsible members of society and our PSHE curriculum is key to achieving this aim.

We have a whole school approach to the teaching of PSHE, where children's learning builds on and develops their prior learning and is age appropriate. It enables them to develop a well-informed understanding of the world in which they are living, through the relevant learning experiences that we provide for them.

Our PSHE curriculum will aim to help children understand how they are developing personally and socially, as well as understand and respect themselves and others. It will tackle many of the moral, social and cultural issues that are part of growing up.

Implementing the PSHE curriculum

To support our teaching of PSHE, we use a scheme called Jigsaw which covers all elements of the PSHE curriculum, including statutory Relationships and Health Education. It meets our children's needs, not only in coverage but also in its approach to teaching and learning. Class teachers will always teach PSHE.

Its whole school approach is enhanced by assemblies, every class making their own behaviour charter based on children's rights and responsibilities, our expectations of the children and the children of themselves and each other.

Jigsaw supports both our school ethos, where diversity is celebrated, and our values (6Rs) where we promote good relationships as well as the importance of having respect for one another and differences within the school community. It also supports the "Personal Development" and "Behaviour and Attitude" aspects required under the Ofsted Inspection Framework and significantly contributes to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social and Cultural) developmental opportunities that we must provide for our children.

Our PSHE lessons always include an element of mindfulness, allowing children to advance their emotional awareness, concentration and focus which we believe will have a positive impact on them as individuals and their learning in all areas of the curriculum.

Each half term, a different unit is studied and the themes within that unit run throughout the PSHE learning in school. Jigsaw builds on children's prior knowledge and understanding within each unit and deepens and broadens their learning each year, in an age-appropriate way.

The table below summarises the 6 half-termly units that will be taught across the school and an overview of the content within each unit. The content will be age appropriate.

Term	Unit	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

Our PSHE curriculum takes into account all Department for Education statutory guidance. From September 2020, Relationship and Health Education is statutory and we teach this through PSHE.

Relationships Education

Relationships Education covers ‘families and people who care for me’, ‘caring friendships’, ‘respectful relationships’, ‘online relationships’, and ‘being safe’. Much of this will be taught through the Relationships unit within Jigsaw but there will be elements covered in other units where the content is more appropriately taught.

Health Education

Health Education covers ‘mental wellbeing’, ‘internet safety and harms’, physical health and fitness’, healthy eating’, ‘drugs, alcohol and tobacco’, ‘health and prevention’, ‘basic first aid’ and ‘changing adolescent body’. Much of this will be taught through the Healthy Me unit within Jigsaw but there will be elements covered in other units where the content is more appropriately taught. Teaching children about puberty is now a statutory requirement which sits within the Health Education part of the DfE guidance within the ‘Changing adolescent body’ strand, and in Jigsaw this is taught as part of the Changing Me unit.

Sex Education

Whilst Sex Education is not compulsory in primary school, DfE Guidance (2019) recommends that all primary schools have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

Sex Education 'should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born'.

We define Sex Education as understanding human reproduction. We believe that children should understand the facts about human reproduction before they leave primary school so that they understand and respect their bodies and are able to cope with the changes that puberty brings without fear or confusion. This will also support them to have a positive self-esteem and body image and empower them to be safe and safeguarded; all essential for children as they grow up.

The few specific Sex Education lessons that we will include in our curriculum will be in the PSHE Changing Me unit because they naturally fit into this unit and link with much of the content. These lessons will take place in, Years 4 * Year 5 and 6, the age where we feel they are most appropriately taught. Parent/carers will be informed of the lessons and their content before the unit starts. They will also be invited to attend a virtual meeting before the lessons are taught.

As Sex Education is not compulsory, parents/carers can choose to withdraw their children from these specific lessons. Before they make this decision, we would encourage them to talk to the Headteacher or PSHE leader.

Monitoring the impact of PSHE

The PSHE leader will monitor the teaching of PSHE, the impact of the curriculum on children's knowledge and understanding and that it meets all of our children's needs. The PSHE link governor will meet with the PSHE leader annually to monitor the school's PSHE provision, including how it is meeting the statutory requirements for Relationship and Health Education and any parental concerns regarding Sex Education. The link governor will be made aware if there is a significant change to the materials that are being used for PSHE, and in particular the Sex Education sessions.

This policy will be reviewed annually by the PSHE leader and where changes are needed, the policy will be amended and brought to the governor's Teaching and Learning committee for approval.

*The inclusion of one Sex Education lesson in the Year 4 'Changing Me' unit has been paused, in light of the DFE consultation (May 2024) on Relationship, Health and Sex Education. We will review our Sex Education programme once the consultation has been concluded and any changes to DFE statutory guidance have been made.